



**Family Care Clinic for ADD and ADHD**  
D. Blayne Laws, M.D.

Dear Patient,

Over the next seven to ten days we will be using the medication Adderall 10 mg to try and establish the correct dose of medication to treat your ADD/ADHD. You will get the generic amphetamine/dextroamphetamine or amphetamine salt. I would like for you to take 1/2 of a tablet in the morning for the first 2 days. If you do not see any response, then increase the dose to 1 tablet. Monitor the dose for 2 days. If there is still no improvement, increase the dose to 1 and 1/2 tablets. If there is no response continue to 2 tablets. During this trial of medication we are only looking for improvement in attention. Concerns about the duration and possible side effects will be addressed once the proper dose has been established and confirmed with the TOVA.

Once you have established the proper dose of the medication follow up for a TOVA test. You should take the dose of medication that gave the best improvement in attention. This dose should be taken one and a half hrs before the test. Remember that the medication should not be given with orange juice or multivitamins, no pop tarts or any food or beverage that contains citrus or vitamin C, as this decreases the ability of the body to absorb the medication.

Thank you,  
D. Blayne Laws, MD